

**COMING SOON...**

**AFTER FEB HALF TERM**

**IF YOU HAVE TODDLERS / PRE-SCHOOLERS,  
THEN COME JOIN US FOR ...**

# **"FIT 4 MUMMIES"**

**A PLAY SESSION WITH A DIFFERENCE....**

**COME ALONG ON A**

**MON, WED OR FRIDAY MORNING**

**WITH A COUPLE OF OTHER MUMS....**

**LET ONE MUM LOOK AFTER THE KIDS WHILST  
THE OTHERS JOIN IN A FITNESS / AEROBICS  
SESSION!**

**THEN ..... WE'LL HAVE A FUN FITNESS  
SESSION FOR MUMS & TOTS TOGETHER**

**PLUS "FOLLOW THE LEADER" ON PLAYFRAME**

**QUALIFIED FITNESS INSTRUCTOR**

**NO EXTRA CHARGE TO NORMAL PLAY SESSION**

**(PARENTAL SUPERVISION REQUIRED / T&C APPLY)**